



ZOMERVAKANTIE - WEEK VAN 12 TOT 16 JULI 2010
 Inschrijven kan vanaf 28 februari 2010 * Uitsluitingsrecht op vrijdag 1 juli 2010, voor iedereen

SEC. NR.	SPORTBOLK	PLAATS	LEEFTIJD	VOORDEEL NA MEDAG. HELE DAG	OPVANG VOOR NA	PREIS	CLUB
47	GYMGAMP	TUINHAAL BOUWSTATION KEESDE-LO	7 TOT 12 JAAR	HELE DAG	X X	€ 51,00	OLIMPIJT ENVIJSPORTVZW
48	SPORTKLEZIJ - TUINHAAL ZWEMMEN OP WOENSDAG	TUINHAAL	7 TOT 14 JAAR	HELE DAG	X X	€ 42,00	GYMGRP TUINHAAL WZ
49	ANZIJNANG	YMGWA TUINHAAL	7 TOT 14 JAAR	HELE DAG	X X	€ 54,00	HANDEALLOU LEUVEN
49	VOUDAG VANAF 15 UUR VOORSTELLING VOOR OUDERES	SPORTOASE LEUVEN	7 TOT 13 JAAR	HELE DAG	X X		WIDENSDAG ZWEMGRUP
49	2 OERANKES ZIJN VOORZIEN / SPORTKLEZIJ EN -SCHIEDEL MET KLEURVASTE ZJEDEN	SPORTOASE LEUVEN	7 TOT 13 JAAR	HELE DAG	X X	€ 41,00	ICE HOCKEY CLUB LEUVEN
50	SCHAATSCHIM- ARTIE / SCHIAT- SEN	LUSBAAN LEUVEN	6 TOT 11 JAAR	VOORDEEL	X X	€ 41,00	ICE HOCKEY CLUB LEUVEN
50	HANDESCHIMMEN OV. KNIEN- EN OLLEBOEDERESCHIMMERS MIDDENSON / DRANKJES O. WEDERSEN / LIJSTJEDEN VAN 7,10 TOT 11,10	LUSBAAN LEUVEN	6 TOT 11 JAAR	VOORDEEL	X X	€ 41,00	ICE HOCKEY CLUB LEUVEN
51	LISHOCKEY	LUSBAAN LEUVEN	6 TOT 11 JAAR	VOORDEEL	X X	€ 18,00	HILKZAAL HUNGARIA
52	VOLLEDIGE UTRIJSTING O. VOORZIJN / DRANKJES IS INGESLIPEN / LIJSTJEDEN VAN 7,10 TOT 11,10	HILKZAAL HUNGARIA	VANAF 8 JAAR	HELE DAG	X X	€ 32,00	LORD
53	BEKEND ZWEMMEN	SPORTOASE LEUVEN	VANAF 8 JAAR	VOORDEEL	X		
53	100 MVLUT HUNNEN ZWEMMEN / ZWEMKLEZIJ LANGE BOEK, MEHO MET LANGE HOUDEN VOOR IN TUINHAAL WZ	SPORTOASE LEUVEN	VANAF 8 JAAR	VOORDEEL	X	€ 28,00	TC LOVANHEM
54	BIJSTONING	TC LOVANHEM	DEG. 2002/2004/2004	HELE DAG	X X	€ 40,00	VLAAMSE CAPODRA FEDERATIE VZW (MUNDE CAPODRA)
55	CAPODRA	SPORTOASE LEUVEN	7 TOT 14 JAAR	HELE DAG	X X		

PHYSIECH SPEL OF MUIZIK /
SONEINGSKUNST DIE GANS,
VECHTSPOORT, OLVORBEREIDING
EN ACREGATIEV OENIST



OPERATING A BEGINNERS SKILLS CAMP



OPERATING A BEGINNERS CAMPS

Once a youngster has become interested in hockey, it is very important to give them the opportunity to try the sport. This means giving them a chance to play, practice, shoot pucks and enjoy the game. Making it easy for them to get on the ice and experiencing hockey is a must.

Beginners Ice Hockey and Beginners Skating

By operating a camp you can give children the chance to learn more about the game of ice hockey by learn how to skate or basics skills of ice hockey. They also get an opportunity to find out more about the equipment and wear it during a training session. For the parents it gives them the chance to discover ice hockey as a sport and see the joy their children have playing it.

At the end of the camp the child will be able to make the decision if they want to start to play ice hockey as a sport.

Camp Details

- Duration: One week - half day's
- When: As a follow-up after a Recruitment Ice Hockey Day. Other effective times are during Easter and Summer Holidays
- Ice Time: 2 hours per day
- Number of participants: Ice Hockey 30 - Skating 30
- Age group: 6 – 12 year
- Number of coaches: Ice hockey 6 - Skating 6

Promotion and registration is usually done by the club. A lot of parents look for a good activity that their children can participate in during holidays and these camps can be very popular. Promotion and registration is done by the city

Many city governments have programs that promote sporting activities during the holidays through their website and local media. All families with children between the ages of 6 and 18 year receive a brochure advertising all the activities.

Registration starts on the Sunday so all the participants and their parents can receive their jerseys and final camp information and attend the pre-camp orientation meeting.

Daily Schedule:



09:00 – 09:30	Arrival
09:30 – 10:00	Equipment
10:00 – 10:50	Ice session 1 <ul style="list-style-type: none">▪ Basic skating skills▪ Stations▪ Game related to the skill
10:50 – 11:10	Break
11:10 – 12:00	Ice session 2 <ul style="list-style-type: none">▪ Basic skating skills + Pucks (Hockey)▪ Stations▪ Game related to the skill
12:00	End

The basic skills are described in the Introduction to Coaching Manual and the drills to teach these skills can be found as in the Learn to Play Practice Manual.

Equipment:

Beginning skating

- The club should provide skates for the participants
- Children and bring their cycling helmet and skate knee/elbow pads

Ice hockey

- The club should provide skates, sticks and full equipment
- Monday (day 1) : skates ; jersey; helmet; gloves; stick
- After the last practice on Monday: an equipment briefing for the participants and their parents
- Tuesday - Friday: rest of the equipment is provided (ask people to be at the rink by 09:00)



Name Tags

Every child receives two name tags:

- one is placed in their spot in the locker room where they keep skates/equipment the whole week
- the other tags is to be worn on their helmet so the instructors can call them by their first name



On ice organisation:

A separator or barrier should be placed along the middle of the rink breaking the ice into 2 parts half for Ice Hockey and the other half for Skating

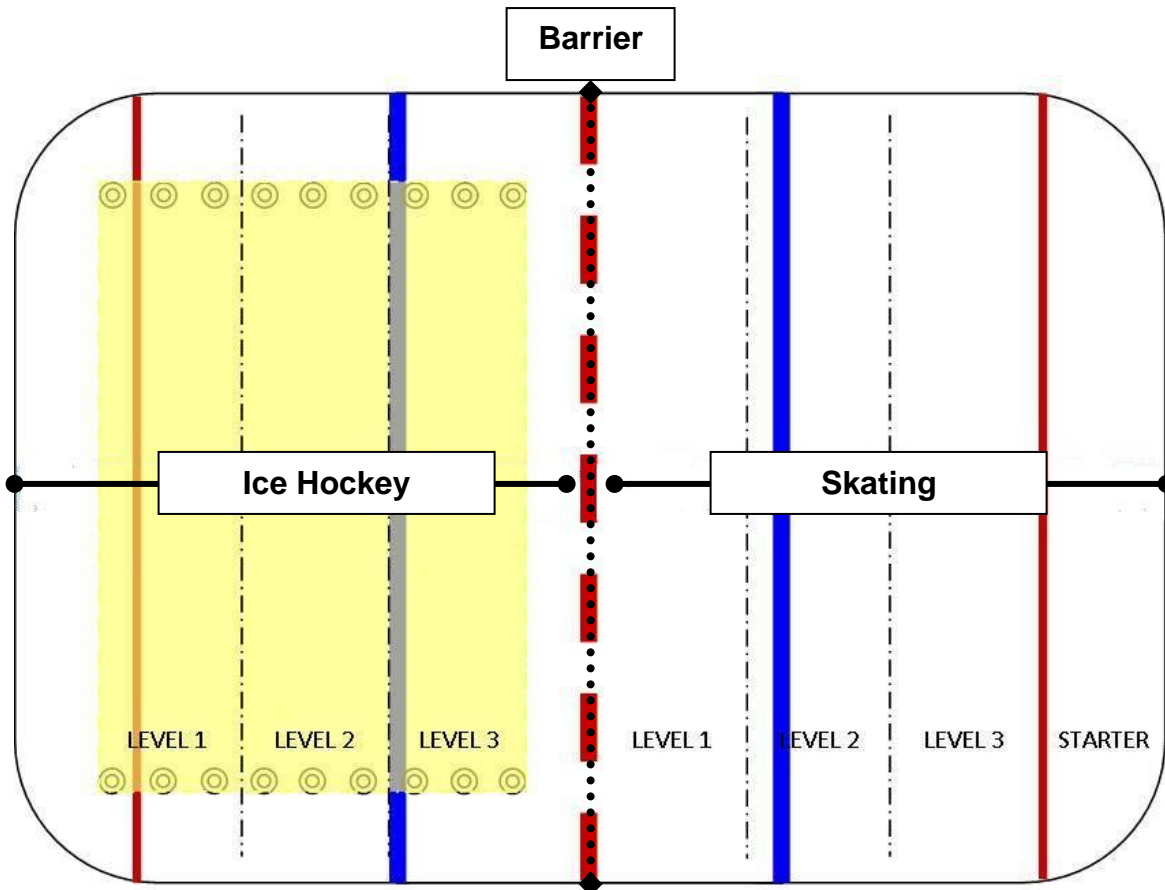
Skating:

- The ice is divided into zones depending on the skill level
- There can be 3 to 4 zones.
- The games will be played with all children on half ice

Ice Hockey: depending of the skill level there will be 3 zones,

- The ice will be divided into zones depending on the skill level
- There should be 3 zones.
- The games will be played with all children on half ice
- The matches will be played in 2 zones :
- End zone and blue line to red line

In both ends of the ice a child can move up the skill zones if their ability increases during the week. This must be monitored by the instructors.



On the last day of the camp will be “Match Day” for the ice hockey participants and “Olympics” for the skate participants. During the last ice session there will be competitions for all the participants so show their new skills. The parents should be informed at the beginning of the camp about these special activities. This will give them the opportunity to attend. It is also a good idea to provide some food along with coffee and tea for all the participants.

When camp ends all the participants receive a group picture and a Certificate. They should also receive some items that will encourage them to continue to play ice hockey. For example:

- Free entry ticket for an Elite Game
- Coupon for 3 free practice sessions at the local club
- Post card with club contact and camp greetings “download pictures of your child on our website - hope to see you soon”

On the website parents should be able download the pictures from the camp; they should also be able to find more information such as:



- Welcome To Ice Hockey (IIHF) (pdf)
- Equipment guide (pdf) (IIHF Introduction to Ice Hockey)
- Registration formalities
- Practice planning and rules
- IIHF Children's Colouring Book (pdf)

Follow up:

- Invitation for registration weekend and second hand market
- Club Newsletter by email
- Wednesday afternoon initiation sessions
- If they send in one part of the post card received at the camp they can collect a club hat at Elite game days.
- Camp evaluation

